

List of Furniture, Fixtures & Equipment for Donation Funds

Fitness Center:

Cardio Equipment

Treadmill (qty. 3)
Elliptical (qty. 3)
Recumbent (qty. 3)
Stair climber (qty. 1)
Ski erg (qty. 1)
Rower (qty. 1)
Air Bike (qty. 1)
NuStep (qty. 1)

Strength Training Machines (Adaptive)

Leg Press
Leg extension
Seated leg Curl
Prone leg curl
Calf raise
Multi hip
Rear deltoid / pec fly
Lateral pull down
Chest press
Shoulder press
Smith machine
Vertical knee up
Free Motion dual cable

Free weights

Dumbbells sets 2.5-50lbs
Dumbbell rack
EZ curl fixed weight 20-60lb
Straight bar fixed weight 20-60lb
Barbell rack
Kettlebells 5-45 lb
Kettlebell rack

Accessory Items

Therapy table
Resistance bands
Versa loops
Hip circles
Power bands
Medicine balls
Foam rollers
Ab roller
Bosu balls
Exercise balls
Dip belt
Ab hangers
Yoga blocks
Yoga mats
Plyo boxes
Steps ups

1st Floor Multipurpose Room:

30"x72" nesting, mobile tables w/grommets for floor power access (qty. 4)

30"x96" nesting, mobile tables w/grommets for floor power access (qty. 4)

mobile stools/ottomans for additional seating (qty. 5)

garbage receptacles (qty. 2)

stacking chairs (qty. 35)

2nd Floor Multipurpose Room:

24"x96" nesting, mobile tables w/grommets for floor power access (qty. 4)

Garbage receptacle (qty. 1)

stacking chairs (qty. 20)